Cafeteria Menu
November 2-8, 2026

JEFFERSON COMMUNITY Health & Life



## Hours

Monday – Friday
7:30 AM – 4:00 PM
Saturday – Sunday
9:00 AM – 3:00 PM
**Holiday Hours**
9:00 AM – 3:00 PM

## Serving Times

Monday – Friday
Breakfast: 7:30-10:00
Lunch: 10:30-2:00

Saturday-Sunday-Holidays
Breakfast: 9:00-10:00
Lunch: 10:30-2:00



Week 4 F/W

### MONDAY

Breakfast – Oatmeal Omelet Sausage Link Tornado

Lunch –Chicken Fried Steak Mashed Potatoes w/Gravy Corn
Grill Item-Chicken Sandwich

### TUESDAY

Breakfast –Malt O Meal Breakfast Sandwich

Lunch –Spaghetti Garlic Bread Green Beans
Grill Item-Fish Sandwich

### WEDNESDAY

Breakfast - Oatmeal Scrambled Eggs Ham Hash Brown Patty Ham Combo

Lunch – Tacos Hard or Soft Shell

### THURSDAY

Breakfast --Cream of Wheat Egg Patty Bacon Hash Brown

Lunch-Turkey Mashed Potatoes w/Gravy Peas
Grill Item-Bacon Cheeseburger

### FRIDAY

Breakfast - Oatmeal Cream Chipped Beef/ Sausage Gravy over Biscuit
Egg Patty Sausage Patty

Lunch – Fish Sunshine Potatoes Baby Carrots
Grill Item-Hot Ham & Cheese

### SATURDAY

Breakfast - Cream of Wheat Scrambled Eggs Bacon Tri Tater

Lunch – Oven Fried Chicken Baked Potato Half Sliced Zucchini

### SUNDAY

Breakfast – Oatmeal Omelet Sausage Links Sticky Cinnamon Roll

Lunch – Mock Filet Mashed Potatoes w/Gravy Cauliflower
Pie

Please Note That Menu Is Subject to Change